

## PRE-CARE

## HIGHLY DEFINED BROWS, SIGNATURE HYBRID & LAMINATION



Avoid Caffeine and Alcohol: These can increase sensitivity and may cause discomfort during the treatment.



Cleanse Your Face: Ensure your face is clean and free of makeup, oils, or lotions.



No Tweezing or Waxing: Refrain from plucking or waxing your brows at least a week before your appointment to allow for proper shaping.



No Retinol or Vitamin A Products: Stop using these products at least one week before the treatment as they can thin the skin.



Consult with Your Technician: Discuss your desired brow shape and any skin sensitivities or allergies.



Avoid Sun Exposure: Refrain from tanning or excessive sun exposure, which can increase skin sensitivity.



Stay Hydrated: Drink plenty of water to keep your skin hydrated and in optimal condition.



## AFTERCARE

## **BROW LAMINATION**



Do not get the brow hair wet for at least 24 hours after lamination.



Avoid excessive exercise as sweating creates moisture which can affect the lifting process in the first 24 hours.



Avoid direct heat treatments such as hair drying, steam rooms, saunas and sunbeds.



Brush the hairs every morning.



Apply coconut oil to the brow hair before bed (nightly) to provide nourishment to the hair.



Once a week add conditioner onto the dry hairs and brush through. Leave on for 10 minutes and remove.



Have a maintenance appointment after 4 weeks. This includes a brow shampoo, exfoliation, nourishing mask, wax, tint and finish.



The lamination treatment cannot be done again for at least 8 weeks. If at 8 weeks the brows still look laminated another maintenance would be appropriate.