



PRE-CARE

MICROBLADING



Avoid Alcohol and Caffeine: Refrain from consuming these substances 24 hours before your appointment to minimize sensitivity and reduce the risk of bleeding.



No Blood-Thinning Medications: If possible, avoid taking aspirin, ibuprofen, or other blood-thinning medications for 24-48 hours before the procedure (consult with your doctor first).



Do Not Tweeze or Wax: Avoid tweezing, waxing, or any hair removal methods in the brow area for at least a week before the treatment.



Avoid Tanning: Do not tan or have sunburned skin on the day of the procedure.



Skip Facials and Chemical Peels: Avoid these treatments at least two weeks prior to your appointment.



No Retinol or Vitamin A Products: Stop using these products at least one week before the treatment as they can thin the skin.



Do Not Work Out: Avoid heavy exercise on the day of the procedure to prevent excess sweating.



Consult with Your Technician: Share any skin conditions, allergies, or medications you are taking, and discuss your desired brow shape and colour.

BROWLORD
by Sarah



AFTERCARE

MICROBLADING



Avoid Water and Moisture: Keep the brow area dry for at least 7-10 days. Avoid swimming, saunas, hot tubs, and excessive sweating.



No Makeup on Brows: Do not apply makeup to the treated area until it is fully healed.



Apply Healing Ointment: Use a recommended ointment, as directed by your technician, to keep the brows moisturized and promote healing.



Avoid Sun Exposure: Keep the treated area out of direct sunlight and avoid tanning beds to prevent fading.



Do Not Pick or Scratch: Refrain from picking, scratching, or peeling the flaking skin or scabs that may form; let them shed naturally.



No Facial Treatments: Avoid facials, Botox, chemical peels, or other intense treatments near the brow area for at least 4 weeks.



Use a Gentle Cleanser: Cleanse around the brows with a gentle, fragrance-free cleanser; avoid using any strong skincare products directly on the brows.



Avoid Sleeping on Your Face: Try to sleep on your back to prevent rubbing or pressure on your brows.



Follow Up Appointment: Schedule a touch-up appointment 4-6 weeks after the initial treatment to perfect and finalize the brows.